



bowen association australia

Incorporated in Victoria on 7 January 1998 A0035959J

26 September 2011

Bowen Associations

Practitioners of Bowen therapy have been disadvantaged over the years because of the lack of scientific evidence to demonstrate the validity of the technique when compared to the amount of research evidence compiled around other soft tissue therapy techniques, such as Physiotherapy, Massage etcetera.

Members of Bowen Association Australia (BAA) have been requesting the BAA committee to look at the possibility of funding research into the Bowen Technique. A fund has been slowly growing through fund raising activities, sales of commercial products etcetera, and a small amount is available to begin to look at potential research opportunities.

The BAA committee has been in negotiation with Professor Neil Piller of Flinders University in South Australia, in regard to undertaking quality research into the scientific effectiveness of Bowen Therapy. Professor Piller is head of the Lymphoedema Assessment Clinic at the Flinders University. By referring to his web site you will note the Teaching Activities, Research Activities, Professional Activities, Current Positions with Professional Societies, and Current Journal Reviewer (Editorial Board Member Roles) that indicate the wealth of experience and knowledge he possesses and his status within the scientific community. He is a renowned and respected researcher having participated in many controlled and blinded clinical trials.

www.flinders.edu.au/medicine/sites/surgical-diseases-and-sciences/staff/professor-neil-piller.cfm

The nature of the trial is to measure by scientific means the movement of lymphatic fluid after a Bowen move. It is proposed to undertake this trial on the upper shoulder area. However, as the trial is related to the movement of lymphatic fluid, it is relevant to Bowen moves made anywhere on the body. The implications of a positive trial are of immense value to us all.

The cost of the proposed trial by Professor Piller will have a greater cost than the fund the BAA has available. The estimated cost of this project is \$AUD45,000.

Any valuable, scientific research that was to prove the authenticity of the Bowen Technique, will be of value to the entire Bowen community throughout the world. By writing to your association we are asking for your interest in this project, and if each association around the world were to donate \$AUD1,000 the project could go ahead. We understand that a smaller association may have difficulty in raising this amount, yet a larger association may be able to contribute more.

The BAA committee believe that this is a very worthwhile project and ask for your support. As we need to arrange for this project to proceed as soon as possible to retain the quoted price we would appreciate it if you could provide a response by 31 October 2011. We would respectfully urge you contribute to this project that will ultimately benefit Bowen practitioners worldwide.

Yours faithfully

Chris Reed
President
Bowen Association Australia